

CHILDREN, YOUTH AND FAMILY SERVICES

Family Violence Counselling and Support Service

Children and Young Persons
Program (CHYPP)

NORTH (03) 6777 2290

SOUTH (03) 6166 0444

NORTH-WEST 1800 608 122



Department of
Communities Tasmania





What is the Children and Young Persons Program?

The Children and Young Persons Program (CHYPP) is:

- A state-wide service that provides therapeutic counselling
- It is for children and young people who have experienced family violence

CHYPP provides:

- Therapeutic counselling support for children and young people
- Group programs
- Support and information for parent and caregivers
- Tailored intervention to support parenting after violence



Children and Young Persons Program

- CHYPP is a free service
- CHYPP helps caregivers, parents, children and young people to access the service if transport is a barrier
- CHYPP has an office in Hobart, Launceston and Burnie with staff working from 9 am until 5 pm 5 days per week
- CHYPP provides services for children and young people aged 0 to 18 years

Confidentiality

Information provided to CHYPP is treated confidentially but there are limits to confidentiality.

CHYPP will discuss this with parents, children and young people in the first appointment with a counsellor.



What is Family Violence?

Family Violence is an offence committed by a person against their spouse, partner or ex-partner

Family Violence includes:

- Verbal abuse
- Physical abuse
- Assaulting a pregnant woman
- Emotional abuse
- Financial abuse
- Sexual assault
- Threats of violence, stalking, coercion and intimidation
- Contravening a Family Violence Order (FVO) or a Police Family Violence Order (PFVO)

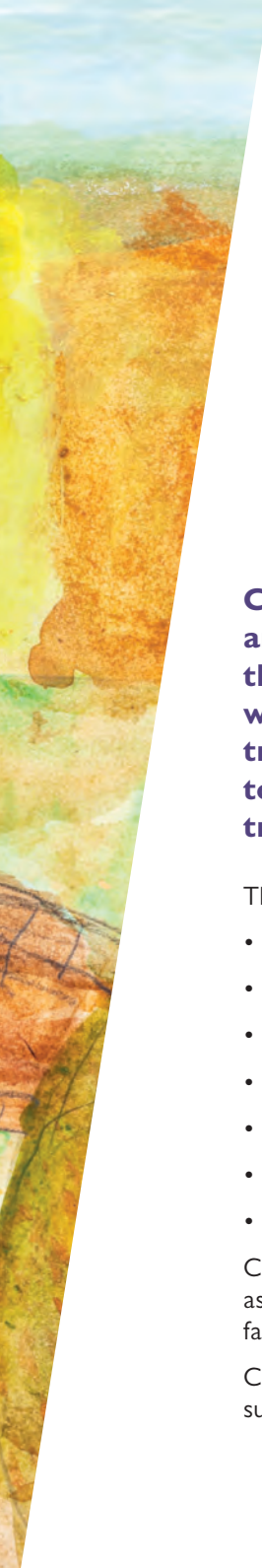


The trauma of living with family violence can impact children and young people in different ways:

- Living with constant tension and fear
- Feeling responsible for the physical and emotional safety of the abused parent and / or siblings
- Low sense of self-worth and self-esteem
- Feelings of shame, distrust, sadness, anger and loneliness
- Anxieties, worries and fearfulness
- Thinking that violence is a normal part of relationships
- Problems with sleeping, eating, toileting, bed-wetting, headaches and stomach-aches
- Having thoughts about killing or harming themselves
- Difficulties at school

CHYPP can help children and young people overcome the impacts of violence with help and support.





CHYPP can help children and young people and their parent/care-givers by working with professionally trained CHYPP counsellors to address family violence trauma.

Therapeutic interventions may include:

- Trauma informed therapy
- Talking therapy
- Play therapy
- Art and creative therapies
- Writing and story activities
- Sand Play and symbol therapy
- Group Work

CHYPP provides psychological assessment related to the impacts of family violence trauma.

CHYPP will help parents and caregivers support their child.

Useful Phone Numbers

Family Violence Counselling and
Support Service: Free Call 1800 608 122

Strong Families, Safe Kids, Advice and
Referral Service: Free Call 1800 000 123

Lifeline 13 11 14

Tasmania Police Emergency 000
or Non-Emergency 131444

Numbers for Children and Young People

Kids Help Line 1800 55 1800



Head Space
Northwest 64242144
North 63353100 South 62312927



Interpreter services
131450



FVCSS acknowledge and pay respect
to the Tasmanian Aboriginal people as
the traditional and original owners and
continuing custodians of this land: we
acknowledge Elders-past and present.



FVCSS is committed to embracing diversity and
eliminating all forms of discrimination in the
delivery of our service. FVCSS welcomes as a
program within Department of Communities all
people irrespective of ethnicity, life-style choice,
faith, sexual orientation and gender diversity.