



25 March 2022

Literacy Advisory Panel

Department of Premier & Cabinet

Dear Sir/Madam,

RE: Literacy Framework consultation process

The Tasmanian Food Security Coalition (TFSC) is a group of nine community organisations that work together to advocate for a food secure Tasmania. Our Vision is that all Tasmanians are able to eat fresh, local and nutritious food every day. The coalition welcomes the opportunity to contribute to the community consultation for the Tasmanian Literacy Framework process. The TFSC has a clear shared vision and mission for addressing community food insecurity issues in Tasmania.

The TFSC brings together several likeminded organisations that are actively involved in the community aiming to address the challenges of food insecurity across Tasmania. The coalition strongly believes that food literacy should be included as a key component of a Literacy Framework. As organisations we are committed to supporting the community to move from emergency relief reliance to community food security and have evidenced the critical role improved food literacy plays in an individual or families overall wellbeing.

The most commonly used definition of Food Literacy comes from H.A Vidgen:

“The scaffolding that empowers individuals, house-holds, communities or nations to protect diet quality through change and strengthen dietary resilience over time. It is composed of a collection of inter-related knowledge, skills and behaviors required to plan, manage, select, prepare and eat food to meet needs and determine intake.”

Figure 1.0 below shows the four key components of Food Literacy

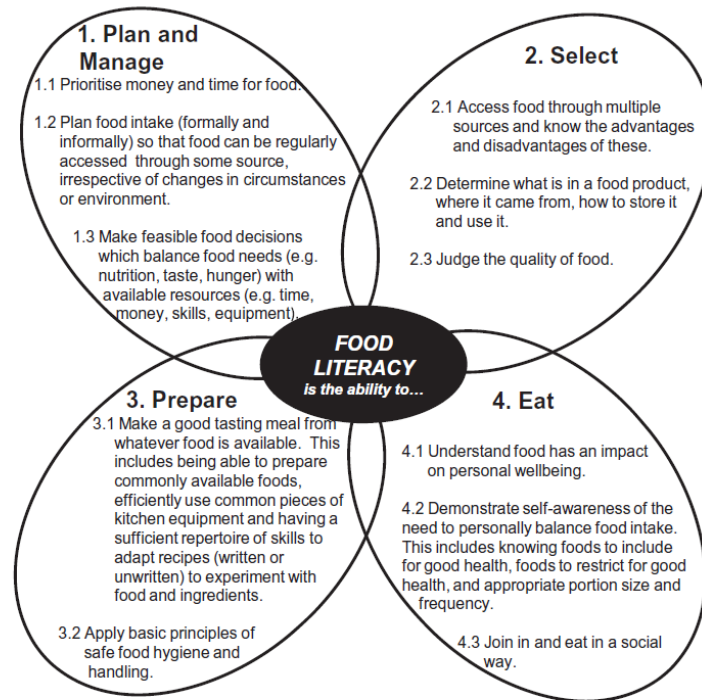


Fig. 3. The eleven components of food literacy derived from the Expert and Young People's Studies.

As a Coalition and stakeholders that have direct involvement in Tasmanian communities and aiming to support the Tasmanian State Government's [Food Relief to Food Resilience Strategy](#) we believe this is a unique opportunity for our state to have the vision and leadership to highlight Food Literacy as a key pillar of a literacy framework. There is distinct links between improving Tasmanian's food literacy will have a direct correlation to improving Tasmania's current food security rates.

Please find attached a summary of the members of the Tasmanian Food Security Coalition and their current programs and initiatives that influence Food Security and Literacy in Tasmania.

We wish you all the best with the consultation phase of this critical piece of work and we would welcome the opportunity to discuss the inclusion of Food Literacy into the framework.

Yours Sincerely

Neighbourhood Houses Tasmania

Carl Saunder, State Manager, Eat Well Tasmania

Andrew Hillier, CEO Loaves and Fishes Tasmania

Dr Charlie Burton, Manager Policy, TASCOS

Liz Waters, CEO Families Tasmania

Julie Dunbabin, School Lunch Project Manager School Food Matters

Sarah Pound, CEO 24 Carrot Gardens

Lynden Leppard, Senior Policy Officer LGAT

Dr Sandy Murray, School of Health Science UTAS

Food security exists when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for an active and healthy life. The four pillars of food security are availability, access, utilization and stability.

ORGANISATION	PILLARS OF FOOD SECURITY		
	AVAILABILITY What food is available where you live and work?	ACCESS For example - can you afford to buy food and get to where it is sold?	UTILISATION Do you have the skills to cook and grow affordable healthy food?
Neighbourhood Houses Tasmania	Provide ER; run shops and veg box programs; grow food in community gardens. Advocate for improved availability	Provide low priced food in local neighbourhoods and delivery services; EFR; Advocate for improved access to healthy food in communities	Deliver cooking, food growing and budgeting skill building opportunities
School Food Matters (formerly Tasmanian School Canteen Association)	Work with school canteens to ensure well priced healthy food is for sale in schools across Tasmania. Links the Well Fed Tasmania Food Truck with food education in schools and training of canteen managers	Supports canteen managers to provide low-cost healthy meals in schools across Tasmania	Build skills in school canteen managers so they can provide well priced healthy food; accreditation system
Loaves and Fishes	Provides rescued healthy food and meals to service providers/agencies and schools.	Provides meals, value added products and fresh foods are low cost or no cost to community organisations across Tasmania	Builds skills in young people through its kitchen training program
Families Tasmania (formerly Child Health Association of Tasmania) – includes Family Food Patch Program	Community outreach and capacity building with the Well Fed Tasmania Food Truck. Promotes the use of affordable seasonal produce.	Free food giveaways at community events with Well Fed Tasmania Food Truck.	Builds food and advocacy skills in parents and community peer educators; develops food literacy resources, including Kitchen ABC123, utilised across various settings and platforms
24 Carrot Gardens	Provides food and meals through the kitchen garden program for participating students	Production and distribution of fresh produce through participating schools and Bridgewater community.	Builds skills in school aged children and parents on cooking and growing food
Geeveston Community Centre	Grows vegetables on their Scrubby Hill Farm Market Garden for sale to the local community. Acts as a Hub for local growers to aggregate food.	Runs a weekly community pop-up market and produce box program (pick-up and delivery)	Delivers low-cost workshops to build individual skills on cooking and food growing
Eat Well Tasmania	Promotes seasonal food that is available in communities across Tasmania through social media and the We Eat Local App	Promotes local seasonal food that is good value so shoppers can make healthy affordable choices	Encourages Tasmanians to eat seasonal food via social media recipes, shareable online resources such as a seasonal guide.
Local Government Association of Tasmania	LGAT works with local government to increase their understanding of how governments can influence health and wellbeing through food environments	LGAT works with local governments to support them to understand their role in supporting their community's health and wellbeing	The sector provides small scale grants for programs that build skills in community members

University of Tasmania	Conducts research to understand the pillars of food security and how they impact Tasmanians	Conducts research to understand the pillars of food security and how they impact Tasmanians	Conducts research to understand the pillars of food security and how they impact Tasmanians
TasCOSS	Advocates for equitable availability of healthy food	Advocates for equitable access to healthy food	Advocates for individuals and households to be empowered and skilled; conducts research