

# Premier's Health and Wellbeing Advisory Council

## Work Plan 2018-2020

### Vision

For Tasmania to be the healthiest population in Australia by 2025

### Our Purpose

To provide advice to the Premier and Government on cross sector and collaborative approaches to improving the health and wellbeing of Tasmanians, particularly in the environments that support physical activity, healthy eating, connecting communities and reducing smoking.

### Principles

- A focus on reducing inequity and better health outcomes for all Tasmanians
- A focus on people and communities
- Leadership is applied to collaboration and partnership between sectors and agencies at all levels of government
- Resources are directed to meet the greatest needs
- Information drives improvement – planning is informed from data captured through surveys, needs assessment and evaluation

To achieve our vision we will prioritise action across these 3 broad functions:

#### Provide leadership and strategic advice to the Premier and Government

Promote the necessity of health and wellbeing indicators and data collection to monitor effectiveness

Synthesise and disseminate evidence on cost-effective approaches to health and wellbeing

Support and endorse health and wellbeing initiatives likely to make a significant improvement to the health and wellbeing of Tasmanians

Presentation to Cabinet and Heads of Agencies

#### Foster a Health in All Policies (HiAP) approach in Tasmania

Build awareness of and commitment to a HiAP approach for Tasmania

Establish the best governance mechanism and ways to sustain a HiAP approach in Tasmania

- Environmental scan
- Case studies
- Build Champions
- Health in All Policies Colloquium

#### Raise awareness of and support for preventive health

Communicate community views about health and wellbeing

Support alignment of government and community preventive health initiatives

Work with the Health Council of Tasmania to raise awareness and enable the voice of the community

Share case-studies and stories about effective cross sector health and wellbeing initiatives

**Outputs:** Framework for Action, Agency responses, Communication strategy, website, repository for evidence, research, evaluation and partnerships

**Short term outcomes:** Greater understanding and awareness of the community's views about health and wellbeing, the determinants of health and opportunities to strengthen health and wellbeing approaches across government

**Medium term outcomes:** Increased collaborative policy and action across government and the community to improve health and wellbeing of Tasmanians

**Long term outcomes:** Improved health and wellbeing of the Tasmanian Community; reduced health inequity; improved community participation, social and economic benefits