

Are you transgender or gender diverse, or know someone who is?

The following services and groups provide information and support for health and wellbeing

Tasmanian Gender Service

A service for children and young people under 18, and their families, who are experiencing gender related issues.

The Tasmanian Gender Service is part of the Department of Health and can provide advice, assessment and treatment as appropriate. Referral required.

Phone: 6166 7193

https://www.dhhs.tas.gov.au/sexualhealth/tasmanian_gender_service

Transgender Tasmania

A community led peer support and advocacy group for trans and gender diverse Tasmanians.

<https://www.facebook.com/TransgenderTasmania/>

Trans Health Australia

A transgender advocacy and peer support network.

<https://www.facebook.com/trans.health.australia/>

Transcend

A parent led peer support network and information hub for transgender children and their families.

<http://www.transcendsupport.com.au/>

Gender Help for Parents Australia

A website providing information for parents and carers to find help and support for their children.

<http://www.genderhelpforparents.com.au/>

Working it Out

Helps people and their families negotiate gender, sexuality and or intersex status in Tasmania.

Phone: 6231 1200

<http://www.workingitout.org.au/>

Sexual Health Service Tasmania

Provides information on sexuality and gender identity and support to people 15 years and older who have gender concerns or queries. Sexual Health Service Tasmania is part of the Department of Health and operates:

Clinic 60

60 Collins Street

Hobart

Phone: 6166 2672

Phone: 1800 675 859

Clinic 34

34 Howick Street

Launceston

Phone: 6777 1371

https://www.dhhs.tas.gov.au/sexualhealth/transgender_services

Equal Opportunity Tasmania

Equal Opportunity Tasmania aims to foster a society free of discrimination, prejudice, bias and prohibited conduct by administering the *Anti-Discrimination Act 1998* (Tas). Equal Opportunity Tasmania provides help with making a complaint about discrimination or other unlawful conduct, and offers training, education and resources.

Phone: 1300 305 062

<https://equalopportunity.tas.gov.au/>

Equality Tasmania

Formerly TGLRG, Equality Tasmania is a community-based organisation campaigning for LGBTI human rights in Tasmania.

<https://www.facebook.com/EqualityTas/>



Tasmania Police Lesbian, Gay, Bisexual, Transgender and Intersex Liaison Officers

The LGBTI Liaison Officers' mission is to contribute to the creation of mutual trust between police and LGBTI people.

<http://www.police.tas.gov.au/what-we-do/lesbian-gay-bisexual-transgender-intersex-lgbti-liaison-officers/>

PFLAG Tasmania

Provides help, support and information for parents, friends and allies of LGBTIQ people in Tasmania.

<https://www.facebook.com/pflagtasmania/>

Minus18

A youth driven network for LGBTIQ young people. It provides events, articles, training and resources.

Phone: 0478 098 540

<https://minus18.org.au/>

Queer Youth of Tasmania

A LGBTI online social group based in Tasmania.

<https://www.facebook.com/groups/queeryouthoftasmania/>

QLife

Provides LGBTI peer support and referral for people wanting to talk about sexuality, identity, gender, bodies, feelings or relationships.

Phone: 1800 184 527

<https://www qlife.org.au/>

Headspace

Are a free, youth-focused health service for young people aged 12-25 who are:

- feeling down, depressed or anxious
- having difficulty sleeping or concentrating
- being hurt or bullied
- worried about drinking or drug use
- needing sexual health help.

Phone (03) 6231 2927

<https://headspace.org.au/headspace-centres/hobart/>

Lifeline

Provides all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services.

Phone: 13 11 14

<https://www.lifeline.org.au/>

